

# Public Document Pack



## **Workington Together** Community Panel

**Meeting Date:** Tuesday, 5 March 2024  
**Time:** 6.00 pm  
**Location:** St Michael's Church, Falcon Place, Workington

No	Item	Pages
1.	<b>Apologies for Absence</b> To receive any apologies for absence.	
2.	<b>Declarations of Interest</b> To receive declarations by Councillors of any disclosable pecuniary interest, personal interests, other registrable interests or any other interests in respect of items on the agenda.	
3.	<b>Exclusion of Press and Public</b> To consider whether the press and public should be excluded from the meeting during consideration of any item on the agenda.	
4.	<b>Minutes of Previous Meeting</b> To approve the minutes of the meeting held on 5 December 2023.	3 - 6
5.	<b>Investing in our Neighbourhood Report</b> To consider a report but the Senior Manager – Community Services	7 - 36
6.	<b>Community Panel Update</b> To consider a report by the Community Development Officer.	37 - 70
7.	<b>Highways and Transport Strategic Board Minutes</b> To note the minutes from the meeting held on 30 January 2024.	71 - 78
8.	<b>Date of Future Meeting</b> To note that the next meeting of the Panel is to be confirmed.	

[For further meeting information](#)

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## **Workington Together Community Panel**

**Date:** Tuesday, 5 December 2023

**Time:** 6.00 pm

**Location:** Moorclose Community Centre, Needham Drive,  
Workington, CA14 3SE

**Present:** Cllr J Grisdale (Chair), Cllr B Cannon, Cllr M Fryer, Cllr D Rollo (Vice-Chair)  
and Cllr S Stoddart

**Also Present:** Angela Goode

**In Attendance** Director of Place, Sustainable Growth and Transport  
Senior Business Support - Electoral & Democratic  
Senior Manager - Community Services  
Community Development Officer

### **21 Apologies for Absence**

There were no apologies of absence.

### **22 Declarations of Interest**

Councillors Cannon, Fryer, Rollo and Stoddart declared an interest in agenda item 6 recommendation 2.6 as they are members of Workington Town Council.

Councillor Fryer declared an interest in agenda item 8 as he is a member of the Highways and Transport Strategic Board.

### **23 Exclusion of Press and Public**

RESOLVED – There were no items on the agenda for the press and public to be excluded.

### **24 Minutes of Previous Meeting**

RESOLVED – That the minutes of the meeting held on 4 September 2023 be approved.

### **25 Moorclose Community Centre Presentation**

Members received a verbal presentation from Moorclose Community Centre highlighting the activities and agencies that they work within the centre which include:-

Food project, warm space, bingo group, healthy hopes, purple phoenix pottery group, Nudge(children), Parkinson's group, south Workington partnership, youth clubs, HAF's, Workington community boxing group, ladies and men's club, food pantries.

They also run the following projects: furniture, clothing, school uniform and prom project which is now known as posh frocks and suit project.

Members were also advised that the theatre is nearing completion and will be accessible to everyone.

The Chair on behalf of the Panel thanked Angela for her informative presentation.

## **26 Investing in our Neighbourhood Report**

Members received a report which set out the current position of the Neighbourhood Investment Fund allocation to this Community Panel as agreed by the Cumberland Council Executive and detailed investment applications for consideration and approval from the budget allocation.

The Panel were advised that a further recommendation to be included where a significant number of Members had to declare a disclosable pecuniary interest which resulted in the meeting not being quorate be delegated to the Chair, Assistant Director of Communities & Localities and the Director of Place, Sustainable Growth and Transport.

The Panel were advised that if members were to agree the proposed recommendation the Workington Town Council application would be delegated to the Chair, Assistant Director of Communities & Localities and the Director of Place, Sustainable Growth and Transport. Following this the decision would be reported back to the Panel at the next meeting.

**RESOLVED**, that

- (1) the report be noted;
- (2) £1,750 be allocated Workington Community Boxing Club to enable them to purchase flooring and boxing gloves.
- (3) £3,500 be allocated to Carnegie Theatre Trust to provide Warm Spots.
- (4) £4,323.50 be allocated to Healthy Hopes to enable them to employ an Admin/Link Worker.
- (5) £6,776 be allocated to Safety Net UK to fund the Youth Space Schools Programme.
- (6) it was noted that £500 had been allocated to 4<sup>th</sup> Workington Scout Group to purchase new cookers and baking equipment.
- (7) delegation be given to the Chair, Assistant Director of Communities & Localities and the Director of Place, Sustainable Growth and Transport where a significant number of Members had to declare a disclosable pecuniary interest which resulted in the meeting not being quorate.

## **27 Community Panel Update**

The Panel were informed that the Public Participation Scheme had been withdrawn and would be discussed at a later date.

Members received a report which informed the Community Panel of the recent activity within its area and included information on Co-opted Members, Workington Together Community Panel Priorities, Workington Together Community Network Launch, Cumberland Libraries, Green 2 Grow, Access to Food Survey, Local Focus Hub, Healthy Start Vitamins, Cumbria Fostering and Workington Community Alcohol Partnership (CAP).

A Member asked how the drop-in session that had been held for Cumbria Fostering had gone. The Panel were advised that feedback would be sought and report back to Members.

A Member mentioned that there was a low uptake on the Healthy Start Vitamins and asked if different options could be looked into. The Panel were advised that contact would be made with Moorclose Community Centre to see if this is something they could be part of.

**RESOLVED**, that

- (1) the report be noted.
- (2) up to three co-opted members be recruited as part of the agreed co-opted members scheme.
- (3) the priorities for the panel be approved.

## **28 Highways and Transport Strategic Board Minutes**

The Panel received the minutes of the meeting of the Strategic Highways Board held on 10 November 2023.

**RESOLVED**, that the minutes be noted.

## **29 Date of Future Meeting**

It was noted that the next meeting of the Panel would be held on Tuesday 5 March 2024 at 6pm.

The Chair asked if the meeting could be held in the St Michael's Ward.

The meeting finished at 6.43 pm

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## **Workington Together Community Panel**

### **Investing in our Neighbourhoods**

**Meeting Date – 5 March 2024**

**Lead Officer – Paul Musgrave**

#### **1.0 Purpose / Summary**

- 1.1 The report sets out the current position of the Neighbourhood Investment Fund allocation to this Community Panel as agreed by the Cumberland Council Executive. Where they have been received, this report presents investment applications for consideration and approval from the budget allocation.
- 1.2 This report also presents the draft Neighbourhood Investment Plan for consideration and progress against it will be reported to future meetings through this report.
- 1.3 The work of the Community Panel contributes to the achievement of the Council Plan 2023 - 2027 vision:
  - Cumberland Council takes a fresh approach to the delivery of inclusive services that are shaped by our residents and communities.
  - By enabling positive outcomes for health and wellbeing, prosperity and the environment we will fulfil the potential of our people and our area.
- 1.4 The Council Plan aims to improve the health and wellbeing of our residents through the following priorities:
  - Addressing inequalities
  - Local economies that work for local people
  - Environmental resilience and the climate emergency
  - Delivering excellent public services
- 1.5 This Community Panel has developed its own local priorities which were shared and discussed with our local communities and agreed formally by this Community Panel. They have been used by the Community Panel to inform the development of the draft Neighbourhood Investment Plan and in assessing investment applications.

#### **2.0 Recommendations**

- 2.1 Members note the contents of the report.

- 2.2 Members to consider and discuss the agreed priorities to better understand where the focus needs to be going forward.
- 2.3 Members agree that an amount of £5,000 is allocated from the Neighbourhood Investment Fund to 1st Seaton Scout Group to provide a climbing wall.
- 2.4 Members agree that an amount of £3,050 is allocated from the Neighbourhood Investment fund to St Mary's Parish Council for equipment to create a community garden.
- 2.5 Members agree that an amount of £9,433 is allocated from the Neighbourhood Investment Fund to Workington Heritage Group to enable them to purchase a new marquee and associated equipment.
- 2.6 Members agree the Neighbourhood Investment Plan (NIP) up to 31 March 2025 as presented at appendix 9.
- 2.7 Members agree to review the NIP at each Community Panel meeting.

### **3.0 Background**

3.1 The Neighbourhood Investment Fund (NIF) budget allocation to this Community Panel is £78,619 **appendix 1** sets out the current position of this fund.

3.2 This allocation is intended to enable the Community Panel to plan activity in their communities through investment.

3.3 It was recommended and agreed by the Cumberland Council Executive in the report 'Devolution of Community Funds to Community Panels' presented 30 May 2023;

*That all the Community Panels have the delegated authority to approve grant applications funded from a new 'Neighbourhood Investment Fund'.*

*It is proposed the NIF be managed by the Senior Manager, Community Services in conjunction with the Assistant Director, Communities and Localities.*

*Initially it is proposed that all grant (investment) applications go to each panel for agreement regardless of value. This will be reviewed within the first 12 months.*

3.4 Now that the Community Panel has formally agreed it's priorities, the Members will assess applications against the locally agreed priorities which are:

- Empowering our children and young people.
- Supporting communities to help themselves.
- Reducing food poverty.

3.5 In addition to the priorities, there are a number of criteria and rules that must be adhered to as this relates to public funds see **appendix 2**. There may be occasion where applications are received that do not fit with the local priorities or meet the funding criteria. In these cases, the applications will not be presented to the Community Panel. However, the Council works with other partners and will often be



able to advise on other funding streams or will support a group so that they can meet the funding criteria.

- 3.6 Potential applicants are always advised to speak with the relevant Community Development Officer (CDO) prior to submitting an application. The CDO can offer advice and for this panel area, the CDO is Carole Tubman, [workingtontogether@cumberland.gov.uk](mailto:workingtontogether@cumberland.gov.uk)

#### **4.0 Investment Applications**

- 4.1 Appended to this report are the details of investment applications, for approval by Workington Together Community Panel **appendices 3-5**

- 4.2 Members agree an amount of £5,000 is allocated from the investment fund to 1<sup>st</sup> Seaton Scout Group to enable them to purchase a climbing wall for their community scout facility.

This project meets the following priority:-

- Empowering our children and young people.

- 4.3 Members agree an amount of £3,050 from the investment fund to St Mary's PCC for equipment to create a community garden and drumming circle.

This project meets the following priorities: -

- Supporting communities to help themselves.
- Reducing food poverty.

- 4.4 Members agree an amount of £9,433 from the investment fund to Workington Heritage Group to enable them to purchase a new marquee, fairy hut/sensory space and outdoor equipment storage.

The project meets the following priorities: -

- Empowering our children and young people.
- Supporting communities to help themselves.

#### **Investments to note (approved outside Community Panel)**

- 4.5 CCGA/2006-24 High Harrington Community Centre £1,233 from the investment fund. **appendix 6**

- 4.6 CCGA/ 2007-24 Northside Primary School £1,500 from the investment fund. **appendix 7**

- 4.7 CCGA/1969-23 Age UK West Cumbria £1,500 from the investment fund. **appendix 8**

#### **Neighbourhood Investment Plan**

- 4.5 The draft Neighbourhood Investment Plan for this Panel area is attached at **appendix 9**. This first version sets out the framework around Community Panels and the

Community Network together with the agreed priorities. This will ensure there are very clear links between what has been identified as priority areas; where the Community Panel invest and what they invest in.

- 4.6 The priorities have been developed over the past 6 months and there have been a number of engagement sessions to complement a survey about whether these felt right for this panel area. The Council will continue to speak with communities about these priorities in order to refine them and identify relevant activity in addition funding.
- 4.7 The Neighbourhood Investment Plan, as presented identifies some activity already and although Members are being asked to agree this as the final version, it will remain a live, working document to reflect ongoing conversations with the communities and other stakeholders to be discussed at each Panel meeting.

### Active Cumbria

- 4.8 Investment awards made by Active Cumbria:

Organisation	Project/Activity	£
<b>Re-Conditioning Fund</b>		
Age UK West Cumbria	Care to Move Project – Funding split between Re-conditioning Fund and Together Fund for Care to Move staff training.	£6264
Home Group	Funding to support the delivery of physical activity within 8 older peoples living schemes throughout West Cumbria.	£5960
Together We	Funding to create multipurpose fitness space within Age UK’s Bradbury Centre and offer additional sessions to target older adults 65+ who want to improve physical fitness and wellbeing.	£5551
Hiking Household	Funding to support the provision of maps for key areas highlighted in priority places. Map created for Vulcan Park, Workington. Launch events planned for March/April 2024.	£3565
Cumbria Yoga Foundation	Funding to support the delivery of a pilot project, 12 sessions delivered in Workington with Healthy Hopes at Workington Masonic Hall.	£1686
<b>Opening School Facilities Fund</b>		

St. Joseph Secondary School	Funding to purchase equipment, staff qualifications and support delivery for trampolining and pickleball. Also utilised to purchase booking system licence to support community use of facilities.	£15222 (Year 1) £9657 (Year 2)
<b>Together Fund (Fund Finished September 2023)</b>		
Age UK West Cumbria	Care to Move Project – Funding split between Together Fund and Re-conditioning Fund for Care to Move staff training.	£6210
Fit 4 Life	Funding to support care homes to deliver physical activity through Activate sessions for older adults	£2625
Groundwork	In conjunction with Fit4Life to deliver physical activity sessions to small group of women for those referred through Choices programme	£3200
PAUSE	County wide project to support women accessing PAUSE programme with suitable kit to engage in physical activity at home	£1906
Project Unbeatable	Specific project with Social Prescribers in Workington to support CYP with low level mental health engage in physical activity sessions, in partnership discovery college	£4908
United Reform Church	Funding to provide physical activity session in partnership with Fit4Life	£1375
Workington Cricket Club	Funding to support with facility costs over the winter period for Women's Cricket and support with equipment and kit	£1745

### **Easter Holiday Activity and Food Programme (HAF)**

- 4.9 The HAF programme, organised by Cumberland Council in collaboration with local partners and community organisations, provides children who are in receipt of benefits related Free School Meals with the opportunity to join fun holiday activities for free and receive a nutritious meal each day.
- 4.10 The following community organisations will be offering Easter HAF sessions in the Workington Together Community Panel area.

Provider	Ages	Total Days of Activities	Allocation
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Carnegie Theatre	8 – 16	3	£2,006.40
ESKK Martial Arts – Autism Academy	5 – 11	2	£1,680.14
Fun Football Factory – Leisure Centre Workington	5 - 12	4	£5,400
Pyjama Drama (Inclusive Provision) – Carnegie Theatre	5 – 8	1	£750
Salterbeck Residents Association – The Oval Centre	4 - 11	4	£3,694.96
South Workington Youth Partnership (Inclusive Provision) – Moorclose Community Centre	5 - 16	4	£3,840
Sportscool (Inclusive Provision) – Northside School	4 - 11	4	£1,800
St Joseph’s School	5 – 16	4	£2,860
Workington Reds – Lakes College	5 – 16	4	£2,960
<b>Total Allocation in Workington Together Community Panel Area</b>			<b>£24,991.5</b>

## 5.0 Options

### Alternative Options Considered

- 5.1 There was an option not to put forward the applications for investment but they meet the criteria in place.

### Risks

- 5.2 The risk associated with this report is that allocations proposed do not meet the criteria for investments. This is mitigated through officer experience, processes in place and awarding investments in a public forum.

### Consultation

- 5.3 There has been no consultation associated with this report.

### Legal Comment

- 5.4 No legal issues arise directly from the report. Any legal issues arising from the delivery of specific projects will be dealt with as they arise.

### Finance Comment

The Neighbourhood Investment Fund is part of Communities and Localities within the Public Health and Communities Directorate.

The Neighbourhood Investment Fund budget for 2023/24 is £0.542m which is allocated to fund the 8 Community Panels to the values outlined on the Executive Report dated 30<sup>th</sup> May 2023.

The 2023/24 budget allocation to the Workington Together Community Panel is £78,619.

Approval is sought to agree a proposed funding allocation of £16,216.

It is recommended that the funding allocation is approved as it is within the confines of the available remaining 2023/24 budget as shown in the table below:

<b>Workington Together Community Panel</b>		
2023/24 Budget Allocation		<b>£78,619</b>
Minus Approved Investments:	CCGA 1942-23	-500
	CCGA 1902-23	-1,750
	CCGA 1944-23	-3,500
	CCGA 1941-23	-4,324
	CCGA 1943-23	-6,500
	CCGA 1947-23	-6,776
	CCGA 2007-24	-1,500
	CCGA 1969-23	-1,500
Minus proposed Investments:	CCGA 2002-24	-5,000
	CCGA 2029-24	-1,783
	CCGA 2009-24	-9,433
<b>Balance of budget remaining:</b>		<b>£36,054</b>

S Morris

21/02/2024

**Contact Officer:**

CDO: Carole Tubman, Community Development Officer

**Appendices:**

Appendix 1 Neighbourhood Investment Fund Current Position.

Appendix 2 Community Panel Investment Criteria

Appendix 3 CCGA 2002-24 1<sup>st</sup> Seaton Scouts Group

Appendix 4 CCGA 2029-24 St Mary's PCC

Appendix 5 CCGA 2009-24 Workington Heritage Group

Appendix 6 CCGA/2006-24 High Harrington Community Centre

Appendix 7 CCGA/ 2007-24 Northside Primary School

Appendix 8 CCGA/1969-23 Age UK West Cumbria

Appendix 9 Workington Together Neighbourhood Investment Plan Draft

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	Allocation	Actual Spend	Pending Agreement	Remaining Balance
WORKINGTON TOGETHER	£ 78,619.00	£ 16,565.50	£ 23,983.00	£ 38,070.50
<b>TOTALS</b>	<b>£ 78,619.00</b>	<b>£ 16,565.50</b>	<b>£ 23,983.00</b>	<b>£ 38,070.50</b>

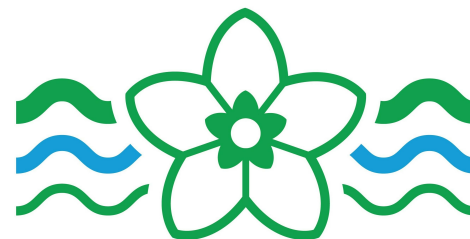
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### **The following criteria must be met in order to be eligible for funding under this community Investment scheme:**

- a. Investments will be given only to voluntary and non-profit making groups and organisations to support community initiatives that benefit residents in their local area.
- b. Investments should support the achievement of the Council's Council Plan as agreed by the Cumberland Council. In addition, projects and initiatives should fit with locally identified priorities or plans for example, ward profiles, community plans, neighbourhood plans, parish plans etc.
- c. Investments will be awarded for one-off project costs for example, purchase of equipment, building work, refurbishment costs etc.
- d. Investment applications will be considered for non-recurring expenditure only, therefore operational running costs, general maintenance costs (energy bills, insurance) will not be funded.
- e. Applications will be considered from constituted groups only, we do not accept applications from individuals.
- f. Applications for less than 100% of costs are preferred and groups are advised to try other avenues of funding in addition to this fund.
- g. We will not normally accept more than one application for funding per organisation or group in any one financial year. We may accept more than one application from the same group for clearly identifiable different projects in the same financial year.
- h. Projects from schools, churches or other religious groups cannot be funded unless they have a clear wider non-religious community benefit for example, a church hall that is used by a local community group, a play area also open for public use, etc.
- i. Organisations or groups that operate a policy of exclusivity or have a closed membership and is thereby not open to any member of the public will not be considered for funding.
- j. We cannot fund community events if they are intended to pass on any surplus income to other organisations, for example, concerts with benefits to 'local charities'.
- k. Investment applications will not be considered from political organisations.
- l. Investments will not be awarded retrospectively, for example, investments will only be awarded for work or resources still to be purchased at the time the application is made.
- m. Organisations or groups with outstanding Project Achievement Report (PAR) will not be considered for future funding.

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<b>Forum Area or Division:</b>	Allerdale - Workington Together Community Panel
<b>Reference:</b>	CCGA/2002-24
<b>Group Name:</b>	1st Seaton Scout Group
<b>Community Development Officer:</b>	Carole Tubman
<b>Community Development Assistant:</b>	Joanne McKenna
<b>Amount Requested:</b>	£5,000.00
<b>Total Project Cost:</b>	£25,508.00

#### APPLICATION REPORT

##### Application Summary

First Seaton Scout Group (FSSG) was formed in 1913 as part of The Scout Association Movement. Our aim is to promote the empowerment and development of young people in achieving their full physical, intellectual, social and spiritual potential, as individuals, as responsible citizens and as members of their local, national and international communities.

Our ambition is to provide facilities that can be accessed by all, and contribute to creating a community hub in partnership with the adjacent Village Hall, so allowing the organisation to promote community use as a local base for initiatives that empower young people, tackle anti-social behaviour, youth unemployment, social isolation and limited access to services by community groups.

We aim to install a climbing-wall in our recently-constructed Community Scout Facility and intend to make adventurous activities available to all, being a hub of inclusivity in our community where there are few amenities available to young people. This will provide an exciting and challenging activity which will build skills and self-confidence.

As well as the existing 80 keen members of 1st Seaton Scout Group, there are approximately 650 new homes approved in Seaton with potentially 650 families. There are limited activities in our community for young people in particular and many of these often group together on street corners. We aim to attract these young people indoors where they can stretch themselves with adventurous and exciting challenges. Adults too can experience that challenge and we would be keen to attract them to become involved too as volunteer leaders.

##### Key Themes Met

Empowering our children and young people

##### Number of People Benefiting

100 +

##### Breakdown of Project Costs

Total cost of climbing wall - £25,508.40

Less funding -

Big Lottery £8,087

Wythegill Wind Farm Grant £4,000

1st Seaton Scouts £8,421.40

Shortfall of £5,000 requested from Workington Together Community Panel

**Previous CCC Funding**

No

**Grant Amount Recommended**

5000

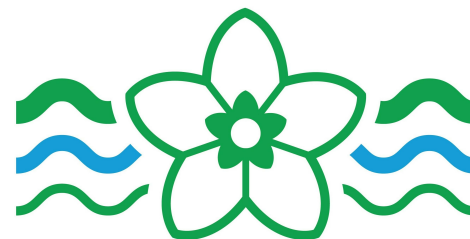
**Officer comments**

The project meets community investment criteria.

**Comments from Elected Member(s) / Neighbourhood Forum / Grant Panel**

**Member Signature:**

**Date:**



<b>Forum Area or Division:</b>	Allerdale - Workington Together Community Panel
<b>Reference:</b>	CCGA/2029-24
<b>Group Name:</b>	St. Mary's PCC
<b>Community Development Officer:</b>	Carole Tubman
<b>Community Development Assistant:</b>	Joanne McKenna
<b>Amount Requested:</b>	£3,050.00
<b>Total Project Cost:</b>	£11,000.00

## APPLICATION REPORT

### Application Summary

St. Mary's Church, Westfield is a valued part of the local community and has links with local schools, the housing associations and people who live in supported living accommodation and care homes. During December over 800 people used our church and parish centre.

The site is situated in an area with a high density of housing and local families. The development of our community garden would enable residents to have accessible greenspace within 15 minutes of their house, a national target. Through this project we will encourage the community to use the garden and thus improving mental and physical health in Westfield. Westfield is an area that experiences high levels of food insecurity. Through training held at the garden to enable residents to grow food and using the food taught how to cook the produce to make healthy meals.

Working with local schools we would hope for pupils to be able to come and take part in growing sessions.

The community garden has a performance area which we would encourage to be used by local residents and the schools.

Hand drumming has been found to be beneficial to mental health and those recovering from trauma. John Murphy a mental health professional with over 35 years of working in the NHS is a hand drumming facilitator and will run the Community Drum Circle.

Both these projects will bring the local community together in new ways. For people who enjoy gardening there is an opportunity to become part of Friends of Westfield Community Garden and for the Community Drum Circle there will be opportunities to perform at local events.

We will enable gifting of leadership and organisation to be recognised in residents, offering opportunities to be part of future planning and facilitating.

### Key Themes Met

Supporting communities to help themselves.  
Reducing food poverty.

### Number of People Benefiting

100 +

### Breakdown of Project Costs

Garden parasols £374.97  
Cold frames £239.98

Wheel barrows £179.98  
Benches £578.40  
Tools £705.21  
Hand drums £1340

**Previous CCC Funding**  
None

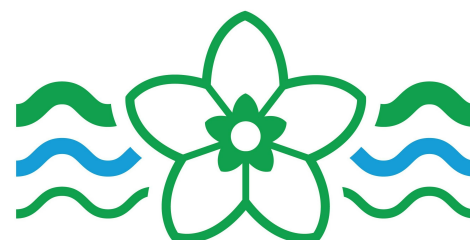
**Grant Amount Recommended**  
£3050

**Officer comments**  
The project meets investment criteria. £1267 of the project costs to be funded from COMF

**Comments from Elected Member(s) / Neighbourhood Forum / Grant Panel**

**Member Signature:**

**Date:**



<b>Forum Area or Division:</b>	Allerdale - Workington Together Community Panel
<b>Reference:</b>	CCGA/2009-24
<b>Group Name:</b>	Workington Heritage Group
<b>Community Development Officer:</b>	Carole Tubman
<b>Community Development Assistant:</b>	Joanne McKenna
<b>Amount Requested:</b>	£10,700.00
<b>Total Project Cost:</b>	£10,700.00

## APPLICATION REPORT

### Application Summary

Workington Heritage Group Ltd is a registered charity and has two main roles

1. Managing the Helena Thompson collection
2. Acts as a hub for educational and social purposes

This investment would make a massive difference to so many people, school visits, young, old, vulnerable, individuals, groups and families. At the museum we have a wonderful garden which we use as much as possible, but with these additions to it, we can do even more. Moving beyond the classroom and outdoors has found to have a range of advantages for children and young people with learning difficulties, this also goes for groups and families who sometimes just need to escape with their younger ones from larger groups when attending events. This is what the fairy hut would mostly be used for with sensory items for a calming environment, but many more uses as well.

The marquee would be used for afternoon teas, community events, concerts and childrens events, outdoor heritage/culture talks. Many people enjoy our gardens and having somewhere for them to sit inside/outside is always a benefit.

The hut would be used to store all the items out of the marquee and fairy hut when not in use.

So many people would benefit from this project for different reasons. We like to take the museum outdoors as much as we can, so with these items in the garden we would be able to do this even more.

The museum is not just a museum but a community venue as well, we hold many tours of the museum followed by tea and talks on local history, these would now be followed by tea and talks in the garden. The hope is of course, for more people to get together and socialise.

Park End House is owned by the council (now Cumberland and previously Allerdale) and for a number of years we have received £30,000 each year towards the running of the museum. The council also pay the service costs.

### Key Themes Met

Supporting communities to help themselves.  
Empowering our children and young people

### Number of People Benefiting

100 +

**Breakdown of Project Costs**

Marquee £1299.00

Storage shed £1049.99

Fairy hut/sensory space £6434

Concrete base for shed £650

**Previous CCC Funding**

No

**Grant Amount Recommended**

9433

**Officer comments**

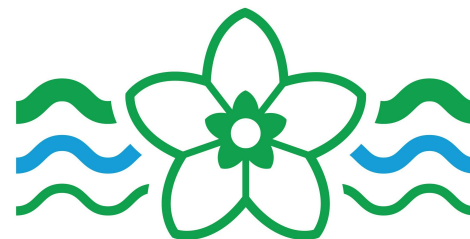
The project meets investment criteria. The costings total £9433 as some of the items are currently discounted. The group did have a marquee which was widely used but it was destroyed in the recent storms.

**Comments from Elected Member(s) / Neighbourhood Forum / Grant Panel**

**Member Signature:**

**Date:**





<b>Forum Area or Division:</b>	Allerdale - Workington Together Community Panel
<b>Reference:</b>	CCGA/2006-24
<b>Group Name:</b>	High Harrington Community Centre
<b>Community Development Officer:</b>	Carole Tubman
<b>Community Development Assistant:</b>	Joanne McKenna
<b>Amount Requested:</b>	£1,250.00
<b>Total Project Cost:</b>	£1,250.00

## APPLICATION REPORT

### Application Summary

High Harrington Community Centre belongs to the people of High Harrington, it has been part of village life for over 70 years.

The Centre or The Green Hut is used regularly by residents and community groups from High Harrington and the surrounding areas.

Regular users include, The Ladies Club, dancing classes, exercise classes, and a Wild Life club. It is used for evening entertainment and family celebrations.

The Community Centre has been approached by individuals from the local community and some of the groups who use the centre to provide a communal outside space. A space to exercise on warm nights, a space to encourage wildlife. A space where we can produce nutritious food for self-consumption. A space where people can and be more socially and physically active, developing ties to their community.

The creation of a community garden at the Community Centre would benefit the Centre users and potentially encourage new groups to use the space.

### Key Themes Met

Supporting communities to help themselves.

Reducing food poverty.

### Number of People Benefiting

100 +

### Breakdown of Project Costs

2 x benches = £816.00

3 x raised planters = £416.97

### Previous CCC Funding

No

### Grant Amount Recommended

1233

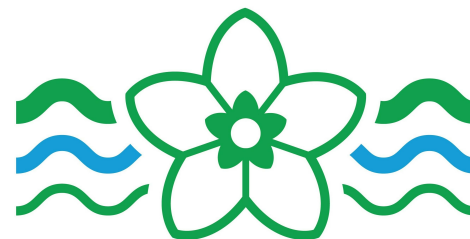
**Officer comments**

The project meets investment criteria. Although the application requests £1250 the costings total £1233. The project will be funded from returned COMF funds.

**Comments from Elected Member(s) / Neighbourhood Forum / Grant Panel**

**Member Signature:**

**Date:**



<b>Forum Area or Division:</b>	Allerdale - Workington Together Community Panel
<b>Reference:</b>	CCGA/2007-24
<b>Group Name:</b>	Northside Primary School
<b>Community Development Officer:</b>	Carole Tubman
<b>Community Development Assistant:</b>	Joanne McKenna
<b>Amount Requested:</b>	£1,500.00
<b>Total Project Cost:</b>	£1,500.00

## APPLICATION REPORT

### Application Summary

This is a 0-3 group set up in an area in the first group of the deprivation index. Our family (66% pupil premium and 42% SEN) need support, particularly when children are small so that parents understand how to parent better. They need to know who to ask for help and support. They need help with brushing children's teeth and keeping them clean, potty training, healthy eating, understanding how to play with children and how to help them read. The group will provide speakers/support for all of these.

We are looking to address poverty by supporting children and parents from the very start of their young lives into safer and healthier habits so they understand the importance of reading, play, cleanliness, toileting support.

We are running the 0-3 group through school as parents and carers trust school and come to us for help. We can then identify what other needs families may have (SEN, safeguarding, food poverty).

### Key Themes Met

Supporting communities to help themselves.

### Number of People Benefiting

50 - 100

### Breakdown of Project Costs

Staffing  
Equipment

### Previous CCC Funding

No

### Grant Amount Recommended

1500

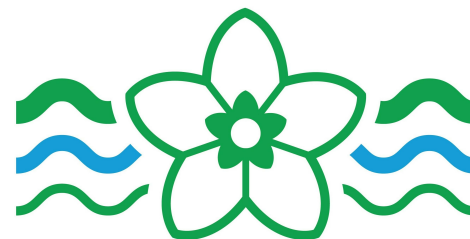
### Officer comments

This project meets investment criteria. This is a pilot project and if successful we will support the school to continue the provision by looking at ways to make the group sustainable and other funding opportunities. The school are also working in partnership with the Family Hub and Cumbria Family Support.

**Comments from Elected Member(s) / Neighbourhood Forum / Grant Panel**

**Member Signature:**

**Date:**



<b>Forum Area or Division:</b>	Allerdale - Workington Together Community Panel
<b>Reference:</b>	CCGA/1969-23
<b>Group Name:</b>	Age Uk West Cumbria
<b>Community Development Officer:</b>	Carole Tubman
<b>Community Development Assistant:</b>	Joanne McKenna
<b>Amount Requested:</b>	£1,500.00
<b>Total Project Cost:</b>	£1,500.00

## APPLICATION REPORT

### Application Summary

Age UK West Cumbria is a charity working in West Cumbria to provide a range of services to support older people to remain independent and to enjoy later life.

The Winter Wellness Hub in Workington had over 400 people using it last winter to access advice and information, light refreshments, activities, a warm space and winter warmth packs.

The hub is an essential resource for local older people on low incomes as a social hub which they can afford to attend and meet or make friends. This will enable us to combat loneliness and social isolation.

We have applied to the National Lottery, Cumbria Community Foundation, Workington ICC and The Hedley Trust. We have continued to keep the Winter hub going by moving it into our Finkle Street shop and running it for less hours and as a social community space until now. The next incarnation of the hub will be to deliver more advice and information and develop it into a multi-agency hub which will run through to March 2024 or longer, if it proves successful. We would hope to gain additional funding to continue until the end of the year.

The funding will be used to refurbish the toilets to make them more accessible.

### Key Themes Met

Supporting communities to help themselves.

### Number of People Benefiting

100 +

### Breakdown of Project Costs

#### Previous CCC Funding

None

#### Grant Amount Recommended

1500

### Officer comments

The project meets investment criteria.

Comments from Elected Member(s) / Neighbourhood Forum / Grant Panel

Member Signature:

Date:



**Cumberland  
Council**



# **WORKINGTON TOGETHER NEIGHBOURHOOD INVESTMENT PLAN 2024-2025**

## Cumberland Council - Vision and Values

Cumberland Council Plan 2023-2027 sets out what we will focus on in the first four years, how we want our new council to work and what residents can expect from us.

The council have identified the following priorities for 2023-2027:

- Addressing inequalities
- Local economies that work for local people
- Environmental resilience and the climate emergency
- Delivering excellent public services

We want to take a fresh approach to the delivery of inclusive services. Services that will be shaped by our residents and communities. By focusing on health and wellbeing, we will unlock the potential in our communities – supporting the environment and driving investment.

We will be:

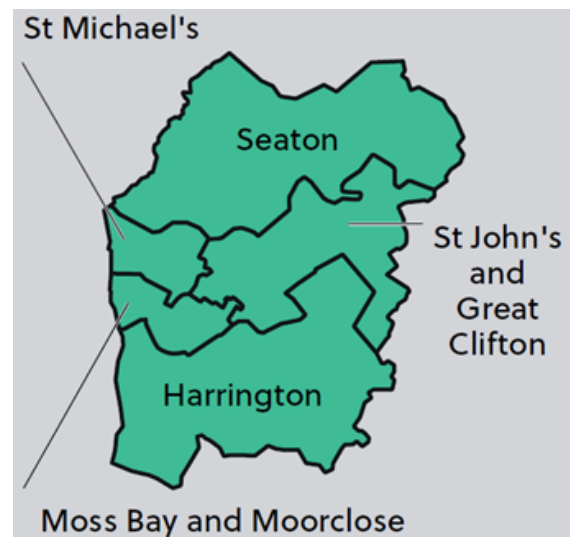
- Ambitious
- Collaborative
- Compassionate
- Empowering
- Innovative

## Workington Together Community Panel

Community Panels are a new concept that was introduced with the start of the Cumberland Council. The council has eight Community Panels operating on a small footprint, contributing to the achievement of the council plan while focusing on local need. Each Community Panel has also set its own priorities specific to the geographical area covered by the panel.

The Workington Together Community Panel represents the wards of:

- Harrington
- Moss Bay and Moorclose
- Seaton
- St John's and Great Clifton
- St Michael's





## Workington Together Community Network

It is the intention of Cumberland Council that our communities will be listened to and will help shape services. To help with this, each Community Panel has a Community Network as part of their engagement with communities. The Network is a series of interactions which range from small topical conversations to larger events open to all. The Network is anyone with an interest in the panel area, whether that be residents, partners, the voluntary or community sector or businesses. Network activities will develop and support the delivery of the Workington Together Neighbourhood Investment Plan.

The Community has helped to set the priorities for the area up to 2025, which form the basis for this Neighbourhood Investment Plan and subsequent influence and investment.

## Workington Together Neighbourhood Investment Plan

The Neighbourhood Investment Plan sets out the panel priorities and key focus areas identified by the members and communities. This demonstrates the council's commitment for services to be shaped by our residents and communities. Creating a partnership approach to addressing local priorities and supporting investment within the local area will help to deliver locally and support local need.



The Workington Together priorities for 2023-2025 have been identified as:

- Empowering our children and young people
- Supporting communities to help themselves
- Reducing food poverty

## Workington Together Neighbourhood Investment Fund

Cumberland Council have allocated funding to help the panel directly support the achievement of the priorities. This is available for the Community Panel to invest in organisations who in turn deliver benefits within their community.

## **Workington Together priorities and key focus areas**

Throughout engagement on the panel priorities, residents identified focus areas which were important to them. Below identifies the top focus areas for each priority.

### **Priority – Empowering our children and young people**

- Reducing anti-social behaviour
- Supporting new and existing groups providing activities
- Education, training, and employment opportunities

### **Priority – Supporting communities to help themselves**

- Supporting organisations in providing accessible services for all
- Supporting and promoting community facilities and activities

### **Priority – Reducing food poverty**

- Supporting initiatives which provide access to affordable food
- Increasing knowledge and skills on food preparation, storage and cooking to maximising value for money
- Education on budgeting finances

## Workington Together Neighbourhood Investment Plan - Action Plan

Date Identified	Action	Priority	Responsible	Timescale	Date Complete
01/04/2024	Distribution of the Workington Together Neighbourhood Investment Fund	All	Community Development Team	31/03/2025	
01/04/2024	Ongoing network activity, including activity based on the panel priorities.	All	Community Development Team	31/03/2025	

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## Workington Together Community Panel Update

**Meeting Date – 5 March 2024**

**Lead Officer - Paul Musgrave**

### **1.0 Purpose / Summary**

- 1.1 The report updates this Community Panel on recent activity by Cumberland Council within this Community Panel area.
- 1.2 The work of the Community Panel contributes to the achievement of the Council Plan 2023 - 2027 vision:
  - Cumberland Council takes a fresh approach to the delivery of inclusive services that are shaped by our residents and communities.
  - By enabling positive outcomes for health and wellbeing, prosperity and the environment we will fulfil the potential of our people and our area.
- 1.3 The Council Plan aims to improve the health and wellbeing of our residents through the following priorities:
  - Addressing inequalities
  - Local economies that work for local people
  - Environmental resilience and the climate emergency
  - Delivering excellent public services
- 1.4 This Community Panel has also identified the following priorities for this panel area which are:
  - Empowering Children and Young People to be the Best.
  - Supporting Communities to Help Themselves
  - Food Poverty

### **2.0 Recommendations**

- 2.1 Members note the contents of the report.

### 3.0 Background

3.1 This report sets out the activity that has taken place within this Community Panel area in the last quarter that has been led or supported by Cumberland Council. It also makes reference to consultations that are Cumberland wide or specific to this area.

3.2 This Community Panel covers the wards of Harrington, Seaton, Moss Bay and Moorclose, St Johns and Gt Clifton, St Michaels

#### Network Events and Network Activity

3.3 The Workington Together Panel Community Development Officer will be attending a variety of local groups active in the Workington Together Community Panel area. The intended outcome is to promote the work of the Panels, engage the community and encourage collaborative ways of working with partners and stakeholders.

3.4 In addition the Workington Together Panel CDO will also attend organised events to promote and profile the work of the Community Panel and Community Development team. Upcoming events include:

- Workington Place Partnership Programme – Active Cumbria held an event at Whitehaven Golf Club on 29 February 2024. The purpose of this meeting was to provide attendees with the opportunity to learn more about the programme. This followed discussions between Active Cumbria and Sport England regarding their plans to invest in around 80 – 100 places across England over the course of the next 5 years as part of their Place Partnership Expansion Programme.
- Spring into Action – to be held at the Oval Centre, Salterbeck, Workington on 12 March 2024. This event ‘West Together catch up and seed swop’ will include speakers from a range of partners including Officers from the Community Development Team.
- Social Prescribing Day 14 March 2024 Christ Church Central, Workington. The Community Development Officer will support an annual celebration of social prescribing, recognising link workers, local community groups and regional and national organisations which support people’s health and wellbeing.

#### Update on Co-opted Member recruitment

3.5 The original proposed timeframe for implementing the co-opted members is as shown below.

Report to Council Executive	3 October 2023
Report to Community Panels to set out the framework as agreed by the Executive and obtain agreement to recruit	Community Panel meetings for December 2023 / January 2024 tranche
Recruitment process	January / February 2024
Report to Community Panels to confirm recruitment of co-opted members for the year 2024-2025	Community Panel meetings for March 2024 tranche

Co-opted members in place (induction) and attending Community Panel meetings	Community Panel meetings for June 2024 tranche
--	--

- 3.6 There was some delay in starting the process although it is now well underway and the application process is open and being advertised. The closing date is 29 February 2024. The next stage of the process has been developed with consideration being given to the number of applications. The process is fully supported by officers and arrangements have been made so that the final decision regarding appointments rests with each panel.
- 3.7 The option is to appoint up to three co-opted Members per panel, although a panel could decide to elect one, two, three or none.
- 3.8 Membership will be ratified at the June meeting and the co-opted members will be invited to that meeting to take up their place.

### **Active Cumbria**

Active Cumbria - Programme Delivery Outputs and Progress

- 3.9 **Street Tag** - On 3 January 2024, the previous school based programme was relaunched with a new format.
- 3.10 The previous locality leader boards were merged to match the two new unitary authorities. It was widened to include more settings in addition to schools. Workplaces, community organisations, sports clubs, and families etc, are now able to create teams and compete on one of the two leader boards.
- 3.11 Active Cumbria are now inviting people to become team captains and create teams for their respective settings.
- 3.12 Season one of the new programme completes on the 13 March 2024. Active Cumbria will be able to share the results and outcomes of that first season once they are available.
- 3.13 36 Schools and organisations from across Cumberland are engaging in the current years programme.
- 3.14 **Active Travel to School – Bikeability** - training has been delivered in the following schools in the panel area:
- St Patricks Catholic Primary School – 23 pupils in Year 5, 22 pupils in Year 4
  - Derwent Vale Primary and Nursery School – 7 Pupils in Year 5
  - Workington Academy – 6 Pupils in Year 7
  - Victoria Junior School – 21 Pupils in Year 6
- 3.15 **Active Start** - Northside Primary School, Beckstone Primary School, Seaton Academy and Ashfield Infants have undertaken Active Start training for Early Years this academic year.

- 3.16 **Ramblers Wellbeing Walks** - Two Walk Leader (WL) training sessions took place in July 2023 and January 2024 at Distington. There were 16 attendees from across the former Allerdale and Copeland areas.
- 3.17 Currently there is a bi-weekly Wellbeing Walk taking place, organised through the Social Prescribing team in Workington. Details at **appendix 1**
- 3.18 **Active Lives Survey** - Following Local Government Reform, data is now collected on a unitary authority footprint and not a district footprint. This approach means less schools are randomly selected to participate and data is more generalised across the unitary area.

### **Local Focus Hub Update**

- 3.19 The purpose of the Local Focus Hubs (LFH) is to coordinate partner agencies, establishing clear and productive relationships with key partners from statutory, secondary and third tier and voluntary groups. The aim of the LFH is to:
- Improve community safety and tackle difficult and long- term problems where a single organisation has explored all options and requires a partnership approach.
  - Lead on community safety initiatives and reduce the fear of ASB and Crime.
  - Identify emerging trends and look at initiatives to prevent and reduce ASB and Crime in partnership and collaboration.
- 3.20 There are three established Local Focus Hubs in Cumberland Council. Each geographically aligned with the neighbourhood policing teams of Carlisle and Wigton, Derwent and Esk. Each hub is based in co-located offices with easy access offering partners the opportunity to work and collaborate with LFH staff.
- The Allerdale LFH is in Allerdale House and shares office space with Housing Locations, Environmental Health and Licensing.
  - Each LFH has a Police officer Hub Coordinator allocated, who is responsible for the day-to-day management of referrals received from partners.

### **Operating Model**

- 3.21 Problems are referred into the hub by any partner agency signed up to the information sharing agreement. A referral can relate to an individual, a family, a business, or organisation. The issue referred could be concerning crime and disorder, health and wellbeing, environmental, housing and many other areas of work.
- 3.22 There is an online referral form containing a series of risk assessment-based questions which produce a grading. Each referral is then managed through an established problem-solving model.

### **Partners**

- 3.23 Each Hub manages referrals in the same way, with each Hub having slightly different partners depending on the needs of the community.



3.24 Each LFH manager works alongside the neighbourhood policing team's Inspector which provides a lead on collaborative partnership work with:

- Community Sergeants, Community Beat Officers, Police Community Support officers, Child Centred Policing Teams, Police Mental Health team, Youth offending and Crime Prevention.
- Cumbria Fire and Rescue, NHS Services including Addiction and Mental Health services, Multi-Disciplinary Teams (Vulnerable service users living in the community), MARAC (Multi-agency risk assessment conference), Environment Agency, British Transport Police, Immigration.
- Local Authority – Environmental Health, Licensing, Enforcement, Legal, Planning, Homelessness Team, Greenspaces, Highways, Education, HAWCs, Trading Standards
- Social Housing partners from Riverside, Castles and Coasts, Home Group, My Spaces, Home Group, Westfield Housing and other smaller housing providers are key partners who we work with daily.
- Remedi (Mediation service and support for victims of ASB), Victim Support. Youth Organisations, Youth Offending, Age Concern, Business crime reduction group, Cumbria Family Support and many others.

3.25 An overview of Local Focus Hub initiatives is at **appendix 2**.

### **Libraries Update**

- 3.26 A monthly 'What's On' in Allerdale Libraries' guide has been introduced. Customers, partner organisations and other service providers can see what groups and events are taking place that month. It is available in print in branches and electronically. 'What's On' February edition at **appendix 3**.
- 3.27 February Half Term seen a host of activities aimed at children happening across Libraries in the Workington Together Panel area. Libraries will support annual World Book Day with costume swaps combined with World Book Day themed activities. This is aimed at helping ease the financial burden on parents.
- 3.28 Wordsworth Trust, Grasmere will be visiting Workington Library to deliver their popular Rucksack of Rhymes sessions and a new partner, BAE systems will be delivering a day of Roving Robots coding workshops also at Workington Library. More information and booking available at <https://www.eventbrite.co.uk/o/allerdale-libraries-42262177793>.
- 3.29 Social at the Library, a new group offering the opportunity to meet new people and build social connections, has been launched at Workington Library, it takes place on the first Wednesday of each month at 1pm.

## **Support Leaflet**

- 3.30 The 'Christmas Support' leaflet has been updated and rebranded 'Winter Support'. The new version is at **appendix 4**.

## **Consultations**

### **Family Wellbeing Transformation**

- 3.31 Cumberland Council are looking to transform their Family Wellbeing services to better meet the needs of children, young people and families in Cumberland. Their vision is that every child grows up in a nurturing and supportive environment, surrounded by love and a strong community which enables them to thrive. By prioritising children and family wellbeing, they can create a brighter future for generations to come.
- 3.32 In the Workington Together Panel area the first engagement event took place at Workington library on Monday 5 February 2024. Additional engagement sessions took place in Wigton library on Monday 5 February 2024, Egremont and Whitehaven libraries on Thursday 22 February 2024 and Brampton and Harraby community centres on Wednesday 28 February 2024.
- 3.33 The drop-ins offered the public an opportunity to share their views, ask questions and speak to Elected Members and staff. Members of the public were also invited to complete the Family Wellbeing in Cumberland survey.
- 3.34 The survey, which closes on 15 March 2024, can be found online at <https://consult.cumberland.gov.uk/children-and-family-wellbeing/children-and-family-wellbeing-services/>

### **Waste Collection Review**

- 3.35 Cumberland Council are reviewing the waste collection services and are inviting feedback to help meet the needs of the residents.
- 3.36 The government is introducing a system called "Simpler Recycling". This means that Local Authorities are required to collect glass bottles and jars, tins and cans, household plastics such as bottles, tubs and trays (including flexible plastics e.g. crisp packets, biscuit/chocolate wrappers, film, bread wrappers), cartons, paper and cardboard, garden waste and food waste from the kerbside.
- 3.37 In addition, residents are being asked what other items could be collected from the kerbside to make recycling of all household items as simple and easy as possible.
- 3.38 The survey closes 15 March 2024 and is available online at <https://consult.cumberland.gov.uk/communications-and-marketing/waste-collection-public-engagement-survey/>

## **4.0 Options**

### **Alternative Options Considered**

- 4.1 No other options considered as this report is to note only.

## **Risks**

4.2 The associated corporate risk is as follows:

*There is a risk that the Community Panels and Community Networks do not effectively engage with and/or represent the views of local residents, partners, businesses and third sector organisations.*

4.3 The activities outlined in this report and the associated recommendations help to mitigate this risk. There are no further risks associated with this report.

## **Consultation**

4.4 There has been no consultation associated with the recommendations of this report.

## **Legal Comment**

4.5 No legal issues arise directly from the report. Any legal issues arising from the delivery of specific projects will be dealt with as they arise.

## **Finance Comment**

The Workington Together Community Panel is one of 8 Community Panels which are funded from the Neighbourhood Investment Fund which is part of Communities and Localities within the Public Health and Communities Directorate.

The 2023/24 budget allocation to the Workington Together Community Panel is £78,619.

S Morris      21/02/2024

## **Impact Assessments**

4.6 An impact Assessment has not been used.

**Contact Officer:** Lee Thorburn Area Planning Manager

## **Appendices attached to report:**

Appendix 1 Ramblers Wellbeing Walks

Appendix 2 Local Focus Hub Initiatives

Appendix 3 Library Service 'What's On'

Appendix 4 Winter Support Leaflet

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### Walk

### When

### Contact

<ul style="list-style-type: none"> <li>Active Over 65s - Watchtree (CA5 6NL)</li> </ul>	<ul style="list-style-type: none"> <li>Every Monday and Tuesday</li> <li>2PM</li> </ul>	<ul style="list-style-type: none"> <li>Leanne Fisher</li> <li>01228712539</li> <li>learning@watchtree.co.uk</li> </ul>
<ul style="list-style-type: none"> <li>Aspatria Wellbeing Walk (CA7 3HZ)</li> </ul>	<ul style="list-style-type: none"> <li>Alternate Fridays</li> <li>1.30PM</li> </ul>	<ul style="list-style-type: none"> <li>Becky Symes</li> <li>07919411381</li> <li>Rebecca.Symes@ncic.nhs.uk</li> </ul>
<ul style="list-style-type: none"> <li>Blaithwaite House Wellbeing Walk (CA7 0AZ)</li> </ul>	<ul style="list-style-type: none"> <li>Last Thursday of the month</li> <li>10.30AM</li> </ul>	<ul style="list-style-type: none"> <li>Sarah Jackson</li> <li>07929744069</li> <li>sarah.jackson4@ncic.nhs.uk</li> </ul>
<ul style="list-style-type: none"> <li>'Easy' &amp; 'Harder' Wigton Food Pantry Walks (CA7 9HT)</li> </ul>	<ul style="list-style-type: none"> <li>Easy (1st Wednesday)</li> <li>Harder (3rd Wednesday)</li> <li>10AM</li> </ul>	<ul style="list-style-type: none"> <li>Sarah Jackson</li> <li>07929744069</li> <li>sarah.jackson4@ncic.nhs.uk</li> </ul>
<ul style="list-style-type: none"> <li>Keswick Wellbeing Walk (CA12 4NF)</li> </ul>	<ul style="list-style-type: none"> <li>Alternate Thursdays</li> <li>1.30PM</li> </ul>	<ul style="list-style-type: none"> <li>Rebecca Wade</li> <li>07825118551</li> <li>Rebecca.Wade@ncic.nhs.uk</li> </ul>
<ul style="list-style-type: none"> <li>Kirkbride Wellbeing Walk (CA7 5JH)</li> </ul>	<ul style="list-style-type: none"> <li>Every Thursday</li> <li>1.30PM</li> </ul>	<ul style="list-style-type: none"> <li>Simon McCall</li> <li>07717 693 062</li> <li>Simon.McCall@ncic.nhs.uk</li> </ul>
<ul style="list-style-type: none"> <li>Maryport Wellbeing Walks - Multiple Routes (CA15 8AB)</li> </ul>	<ul style="list-style-type: none"> <li>Alternate Wednesdays</li> <li>10.30AM (2.30PM on the 24th January)</li> </ul>	<ul style="list-style-type: none"> <li>Christine Slater</li> <li>07723016110</li> <li>c.slater417@btinternet.com</li> </ul>
<ul style="list-style-type: none"> <li>Silloth Wellbeing Walk (CA7 4AW)</li> </ul>	<ul style="list-style-type: none"> <li>Every Tuesday</li> <li>2PM</li> </ul>	<ul style="list-style-type: none"> <li>Simon McCall</li> <li>07717 693 062</li> <li>Simon.McCall@ncic.nhs.uk</li> </ul>
<ul style="list-style-type: none"> <li>Watchtree Nature Reserve Wellbeing Walk (CA5 6NL)</li> </ul>	<ul style="list-style-type: none"> <li>Every Monday</li> <li>10AM</li> </ul>	<ul style="list-style-type: none"> <li>Brian Scroggie</li> <li>07724071636</li> <li>brianscroggie@totalise.co.uk</li> </ul>
<ul style="list-style-type: none"> <li>Wigton Wellbeing Walk (CA7 9QD)</li> </ul>	<ul style="list-style-type: none"> <li>3rd Tuesday of the month</li> <li>10AM</li> </ul>	<ul style="list-style-type: none"> <li>Sarah Jackson</li> <li>07929744069</li> <li>sarah.jackson4@ncic.nhs.uk</li> </ul>
<ul style="list-style-type: none"> <li>Workington Wellbeing Walk (CA14 2QG)</li> </ul>	<ul style="list-style-type: none"> <li>Alternate Thursdays</li> <li>10AM</li> </ul>	<ul style="list-style-type: none"> <li>Laura Humphreys</li> <li>07874082737</li> <li>laura.humphreys6@nhs.net</li> </ul>

\*walks may be subject to change\*

Postcodes indicate walk meeting point. Walks without postcodes have multiple routes - please visit [ramblers.org.uk](http://ramblers.org.uk) and search Wellbeing Walks for specific walk dates and more details.

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LOCAL FOCUS HUB INITIATIVES

Safer Streets	Working closely with the Police Crime & Commissioner’s office to support the various rounds of funding public realm initiatives to improve safety and reduce ASB and the fear of crime. This involves bringing together appropriate partners to provide data, attend site visits and submit recommendations.
Hoarding	The Local Focus provides a platform in dealing with the complexities of hoarding and the many different partners needed to support the service user.
Illegal Encampments	Depending on the difficulties of the encampment the Hubs are able to convene appropriate partners in a timely manner to deal with initial short-term and create a referral to manage partner responses.
ASB Case Reviews	Under the revised ASB, Crime and Policing Act 2014 local authorities have a statutory requirement to provide a mechanism to allow victims and organisations the right to review their case of ASB where a threshold has been met. The Local Focus managers are now the single point of contact and have the responsibility to respond to victims, gather information and convene a review meeting bringing together relevant responsible authorities including Police, Councils, Integrated Care Boards and registered Social Housing providers together.
Community Safety Partnership (CSP)	the Local Focus Hubs are one of the thematic groups that report to the CSP, providing updates on priorities set by the CSP in relation to community safety initiatives. Currently involved in Violence Against Women and Girls, ASB and Knife Crime
Operation Respect	Launched in the former Allerdale area and is now being rolled out across Cumberland in 2024. Multiple approach to tackle environmental crime pulling in partners from Local Housing providers, Police, Fire & Rescue, VOSA, DVLA, Environment Agency and many other partners. Listening to communities and taking action to improve and raise the quality of health and wellbeing in hard-to-reach communities.
Talk & Tidy Events	monthly multi-agency litter pick and informal engagement with the public.
Community Alcohol Partnership	multi-agency approach to tackling underage drinking. Considering a holistic approach – the health effects on teenagers, result of ASB and behaviour, underage sales, educating parents, delivering assemblies within schools.
Coordination of annual operations with Police and other partners	Op Roman Candle tackling ASB at Halloween, Test Purchasing, Road Safety Events, Op Sceptre focussing on knife crime)







Cumberland  
Council



# What's On

## Workington Library

### and surrounding areas

**February 2024**

- **Aspatria**
- **Cockermouth**
- **Keswick**
- **Maryport**
- **Seaton**
- **Silloth**
- **Wigton**
- **Workington**

Contact us

Email:

[workington.library@cumberland.gov.uk](mailto:workington.library@cumberland.gov.uk)

Phone: 01900 706170

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Cumberland Libraries

# Regular events at Workington Library

Monday 5 February

## Family Wellbeing Drop-in

2:30pm-5:30pm

Have your say on the future of family services in Cumberland.

Monday - 3pm-4:30pm

## Mindful Mondays

Colour yourself to calm. Join us every Monday for the soothing art of colouring.

Monday 5 February

## Family Fun & Games

4pm-5pm

Join us for a fun family activity session.

Tuesday - 10:30am-11am

## Story Tots

Fun interactive session for under 5s and their grown-ups

Tuesday - 10:30am-12pm

## Databank Drop-In

If you're struggling to afford an internet connection or to top up your mobile phone, then the National Databank can help you.

Tuesday 13 February - 10am-1pm

## World Book Day Costume Swap

Bring along your old costume to swap or choose from our stock.

Tuesday - Fortnightly

## Loose Ends

11:30am-1:30pm

Do you have a visual impairment or sight loss? Come along and join the group for social connection and support

Tuesday - 1pm-3pm

## Hospice Craft Group

A social group for crafts and card making in aid of Hospice at Home West Cumbria

Scan this QR code to book on to our current events and see what else is on offer



# Regular events at Workington Library

Tuesday - by appointment only

## **Carer Support Clinic**

If you care for someone who couldn't manage without your support you may be eligible for benefit payments.

To book call: 01900 821976

Wednesday - 4pm-5:30pm

## **Intergenerational Chess Club**

Come and play chess in a friendly atmosphere. Boards and pieces are provided, and all ages 8+ and abilities welcome

Thursday - 10am-12pm

## **English Cafe**

A friendly environment to practice your English, play games, have a coffee and explore our resources.

Thursday - 2pm-4pm

## **Board Games**

Join us for some fun and competitive board gaming

Thursday 1 February - 2pm-4pm

## **Time to Talk Day**

Join us for a cuppa, a chat and some fun activities. Everyone welcome!

Thursday 29 February - 1pm-3pm

## **Autism Assessment Drop-In**

Is your child undergoing an Assessment for Autism? Do you have any questions, or would you like some support? Would you like to meet other parents and carers all going through the process? Drop-in to this information session.

Friday - All Day

## **Piece and Quiet**

Join us for a full day of putting together jigsaws

Friday

## **Rhyme Time**

11am - 11:30am

Fun interactive session for babies and toddlers

Saturday - 10am-11:30am

## **Lego Club**

Lego themed fun for children over 5 and their grown-ups!

## **Baby Weigh Station**

Check the weight of your

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toddler anytime. Just ask a member of staff for the self-weigh scales.

# Regular events at Cockermouth Library

Monday 12 February

## **Databank Drop-In**

11am-12:30pm

If you're struggling to afford an internet connection or to top up your mobile phone, then the National Databank can help you.

Thursday 1 February - 2pm

## **Max Slater Talk**

Talk by Local Historian Max Slater. German Disguised Raiders - the wartime story of innocent-looking merchant ships which captured and sank British and allied ships in the Atlantic and Indian Oceans. Booking essential. Call: 01900 822634

Thursday 22 February

## **Police Drop-in Surgery**

10-11am

Come along to discuss any policing and community issues in your area.

Thursday - 2pm

## **Scrabble**

Come along and play scrabble, chat and meet new people

## **Internet Tasters**

By appointment only

Do you have questions about technology? Would you like help getting started online? For help speak to a member of staff to book one of our taster sessions.

## **Baby Weigh Station**

Check the weight of your baby/toddler anytime. Just ask a member of staff for the self-weigh scales.

Scan this QR code to book on to our current events and see what else is on offer



# Regular events at Keswick Library

Monday - 3pm-4:30pm

## Mindful Mondays

Colour yourself to calm. Join us every Monday for the soothing art of colouring.

Tuesday - from 9:30am

## Two's Company

Befriending service for those requiring extra friendship and support. For more information contact: 07832858537

Tuesday 20 February

## Police Drop-in Surgery

2pm-3pm

Come along to discuss any policing and community issues in your area.

Wednesday 14 February

## Databank Drop-In

10:30am-12pm

If you're struggling to afford an internet connection or to top up your mobile phone, then the National Databank can help you.

Wednesday 21 February

## Community Catalysts

### Drop-In

10am-12pm

Would you like to start your own business caring for and supporting people in your own community? Drop-in to find out more.

Wednesday - 10am-1pm

## Keswick Area Food

### Share

Community food hub, open to everyone in the CA12 postcode area. No appointment needed, just come along.

Scan this QR code to book on to our current events and see what else is on offer



# Regular events at Keswick Library

Wednesday - 3:45pm-4:45pm

## **Lego Club**

Lego themed fun for children over 5 and their grown-ups!

Wednesday - by appointment only

## **Health and Wellbeing Coach Clinic**

Support and guidance from a Cumberland Council Health and Wellbeing Coach.

Wednesday - by appointment only

## **Carer Support Clinic**

If you care for someone who couldn't manage without your support you may be eligible for benefit payments.

To book call: 01900 821976

Thursday - All Day

## **Board Games**

Join us for some fun and competitive board gaming

Friday - All Day

## **Piece and Quiet**

Join us for a full day of putting together jigsaws

Friday 16 February

## **World Book Day**

## **Costume Swap**

10am-12pm

Bring along your old costume to swap or choose from our stock.

## **Baby Weigh Station**

Check the weight of your baby/toddler anytime. Just ask a member of staff for the self-weigh scales.

Scan this QR code to book on to our current events and see what else is on offer



# Regular events at Maryport Library

Monday - 3pm-4:30pm

## **Mindful Mondays**

Colour yourself to calm. Join us every Monday for the soothing art of colouring.

Tuesday 6 February - 2pm - 3pm

## **Maryport Book Club**

Friendly reading group, meet on the first Tuesday of the month. New members welcome.

Wednesday -1:30pm-3:30pm

## **Craft and Chat**

Friendly craft club. Come along and meet new people, everyone welcome

Thursday - All Day

## **Board Games**

Join us for some fun and competitive board gaming

Thursday - by appointment only

## **Carer Support Clinic**

If you care for someone who couldn't manage without your support you may be eligible for benefit payments.

To book call: 01900 821976

Thursday 1 February - 2pm-4pm

## **Time to Talk Day**

Join us for a cuppa, a chat and some fun activities. Everyone welcome!

Tuesday 13 February - 2pm-3pm

## **World Book Day**

## **Costume Swap**

World Book Day themed costume swap and activity.

Thursday 22 February - 10:30am-12pm

## **Databank Drop-In**

If you're struggling to afford an internet connection or to top up your mobile phone, then the National Databank can help you.

Friday - All Day

## **Piece and Quiet**

Join us for a full day of putting together jigsaws

Saturday - 10am-11:30am

## **Lego Club**

Lego themed fun for children over 5 and their grown-ups!

## **Baby Weigh Station**

Check the weight of your

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baby or toddler anytime. Just ask a member of staff for the self-weigh scales.

# Regular events at Seaton Library

Monday - 3pm-4:30pm

## **Mindful Mondays**

Colour yourself to calm. Join us every Monday for the soothing art of colouring.

Monday 19 February

## **Police Drop-in Surgery**

3pm-4pm

Come along to discuss any policing and community issues in your area.

Monday - 3:30pm-4:30pm

## **Lego Club**

Lego themed fun for children over 5 and their grown-ups!

Tuesday - 2pm-4pm

## **Scrabble Club**

Come along and play scrabble, chat and meet new people

Tuesday 13 February

## **World Book Day**

## **Costume Swap**

2pm-3pm

World Book Day themed costume swap and activity.

Thursday - All Day

## **Board Games**

Join us for some fun and competitive board gaming

Friday -All Day

## **Piece and Quiet**

Join us for a full day of putting together jigsaws

## **Baby Weigh Station**

Check the weight of your baby/toddler anytime. Just ask a member of staff for the self-weigh scales.

Scan this QR code to book on to our current events and see what else is on offer





# Regular events at Silloth Library

Monday - 2pm-3:30pm

## **Mindful Mondays**

Colour yourself to calm. Join us every Monday for the soothing art of colouring.

Wednesday - 1:30pm-3:30pm

## **Board Games**

Join us for some fun and competitive board gaming

Tuesday 13 February

## **World Book Day**

## **Costume Swap**

2pm-3pm

World Book Day themed costume swap and activity.

Wednesday - by appointment only

## **Carer Support Clinic**

If you care for someone who couldn't manage without your support you may be eligible for benefit payments. To book call: 01900 821976

Friday - All Day

## **Piece and Quiet**

Join us for a full day of putting together jigsaws

Friday - 10am-1pm

## **Scrabble Club**

Come along and play scrabble, chat and meet new people

Saturday - 11am-12pm

## **Lego Club**

Lego themed fun for children over 5 and their grown-ups!

## **Baby Weigh Station**

Check the weight of your baby/toddler anytime. Just ask a member of staff for the self-weigh scales.

Scan this QR code to book on to our current events and see what else is on offer



# Regular events at Wigton Library

Monday 5 February

## Family Wellbeing Drop-in

9:30am-12:30pm

Have your say on the future of family services in Cumberland.

Monday 5 February

## Toddler Time

10:30am-11:30am

Story, rhyme and play session for under 5's and their grown-ups.

Monday 12 February

## World Book Day

### Costume Swap

2pm-3pm

World Book Day themed costume swap and activity.

Monday 26 February

## Cumbria Hearing Aid Drop-in

2pm-4pm

Advice on maintenance and looking after your hearing aids.

Monday - 3pm-4:30pm

## Mindful Mondays

Colour yourself to calm. Join us every Monday for the soothing art of colouring.

Tuesday - 2pm-4pm

## Creative Wellbeing

Come and join your local NHS Living Well Coach, play old school board games or do some craft, enjoy a cuppa with some company and have some fun!

Thursday - All Day

## Board Games

Join us for some fun and competitive board gaming.

Thursday 29 February

## Writing for Pleasure

10:30am-12pm

Would you like to meet fellow writers? Join us on the last Thursday of the month. Bring your creativity and lots of words.

Thursday - 3:15pm-4:30pm

## Lego Club

Lego themed fun for children over 5 and their grown-ups!

Friday - All Day

## Piece and Quiet

Join us for a full day of putting together jigsaws

# Regular events at Wigton Library cont..

Friday

## **Knit and Natter**

1pm-2:30pm

Get together on the first and third Friday for a chat, bring your own craft project.

## **Baby Weigh Station**

Check the weight of your baby/toddler anytime. Just ask a member of staff for the self-weigh scales.

## **Aspatria Library**

**Aspatria Library is currently available from temporary accommodation in Aspatria's Children's Centre on King Street.**

**The opening times in this temporary accommodation are Monday, Tuesday and Friday from 1pm to 5pm and the following services are available:**

- **Select and Collect Book Service**
- **Free internet access**
- **PC and printing facilities**
- **Book renewal and returns service**

**Telephone: 07557499129**

Scan this QR code to book on to our current events and see what else is on offer



# Special Events in February

## Wordsworth Grasmere Family Workshops

Tuesday 13 February - Workington Library

10.30-11.30: Rucksack of Rhymes - Winter

11.30-12.30: Snowy Scenes - Crafting Winter Collages

Friday 16 February - Keswick Library

10.30-11.30: Rucksack of Rhymes - Winter

11.30-12.30: Snowy Scenes - Crafting Winter Collages

Booking is essential for all children attending.

Thursday 15 February - Workington Library

## BAE Roving Robots

9:30am, 11am, 12:30pm, 2pm and 3:30pm

Join us for a free 1 hour interactive workshop as we work together to navigate robots around an extreme environment. Discover the air above us, the land around us, or the sea beneath us. For ages 7-11yrs, booking is essential for all children attending.

Friday 1 March - Maryport Library

## The Long Way Home

7pm (Doors open at 6:30pm)

Join Jessie McMeekin and Dave Camlin for an evening of stories and songs exploring the enduring power of place.

They'll weave a magical odyssey uniting Cumbria's neolithic heritage with the landscapes, Celtic myths and legends of North Wales, Ireland and the Isle of Man.

Tickets: Adults £12 Under 18s £6, to book scan the code.



Scan this QR code to book on to our current events and see what else is on offer





**Help is here this winter**

Winter can be a difficult time - existing pressures can be heightened when we have to deal with keeping warm, the costs of Christmas and possible health challenges. We've put together some ways you can find support.

## **Emergency help**

### **Ways to Welfare**

Cumberland Council's helpline offers emergency support with essentials, and advice on other financial support. Call **0300 373 3730** (option 2) or visit the Ways to Welfare webpage at [legacy.cumberland.gov.uk/welfare/](https://legacy.cumberland.gov.uk/welfare/)

### **Homelessness and housing help**

If you are homeless now, or in danger of losing your accommodation, call **0300 373 3730** or email:

- Allerdale: **Homelessness1@cumberland.gov.uk**
- Carlisle: **Homelessness2@cumberland.gov.uk**
- Copeland: **Homelessness3@cumberland.gov.uk**

You can also get help by calling Shelter on **0300 330 1234** or emailing [info@shelter.org.uk](mailto:info@shelter.org.uk). In an emergency call **0808 800 4444**.

If you are concerned about someone sleeping rough, a referral can be made via [streetlink.org.uk](https://streetlink.org.uk)

## **Domestic abuse**

If you are at risk, or experiencing abuse, support is available.

Call Cumbria Police on **101** or visit [cumbria.police.uk/report-it](https://cumbria.police.uk/report-it) to report domestic abuse.

**In an emergency, always call 999.**

### **Cumbria-wide services**

- **Cumbria Victim Support** - call **0300 3030 157**. Monday - Friday 9am - 6pm.  
For 24/7 support call 0808 1689 111 or email [cumbria.admin@victimsupport.org.uk](mailto:cumbria.admin@victimsupport.org.uk)
- **Safety Net** - **01228 515859**. [www.safetynetuk.org](https://www.safetynetuk.org)
- **The Bridgeway** - free and confidential out-of-hours advice for victims of rape or sexual assault. Call **0808 118 6432** or email [info@thebridgeway.org.uk](mailto:info@thebridgeway.org.uk).

## Local support services

- **Gateway 4 Women (Carlisle)** call **01228 212090** or email: [admin@cumbriagateway.co.uk](mailto:admin@cumbriagateway.co.uk)
- **Freedom Project (West Cumbria)** for women, men and children affected by domestic abuse. Call **01900 67167** or **07712 117986**, or email [admin@freedom-project-westcumbria.org.uk](mailto:admin@freedom-project-westcumbria.org.uk).
- **Women Out West** supports women in West Cumbria. Call **01946 550103** or **07539 780431**, email [contactus@womenoutwest.co.uk](mailto:contactus@womenoutwest.co.uk) or go online at: [womenoutwest.co.uk](http://womenoutwest.co.uk).

## National services

**Galop** - for LGBT+ victims of domestic abuse - **0800 9995428**

**Mankind** - **01823 334244**

**Men's Advice Line** - **0808 8010327**

**The Freedom Programme** - Freephone helpline **01942 262 270**

**Child Line** - **0800 1111**

## Bereavement services

The bereavement services team can be contacted on **01228 817390** (Carlisle) **07762 421072** (Allerdale) or **01946 598305** (Copeland).

## Food help

### Food banks

To get help from a food bank you need to be referred with a voucher. Contact Citizens Advice on **0808 208 2138** for more information.

Food banks are usually closed on Bank Holidays. Please check their websites for details:

- [carlislefoodbank.org.uk](http://carlislefoodbank.org.uk)
- [thefoodbank.org.uk](http://thefoodbank.org.uk)
- [barrow.foodbank.org.uk](http://barrow.foodbank.org.uk)

## Brampton

Brampton Community Centre, Union Lane, Brampton, CA8 1BX

- Open Tuesdays and Thursdays 10am - 2pm.
- Contact **01697 745000**.

## Carlisle

Carlisle Foodbank, 4 Tower Court, West Tower Street, Carlisle CA3 8QT

- Open Monday, Tuesday, Wednesday and Friday from noon - 3pm.
- Contact **07512 552449**.

St Barnabus Church, Shady Grove Road, Brookside, Carlisle CA2 7JT

- Open Thursdays from 10am - 11am. Call 01228 538983 to arrange a collection outside these times.

St Luke's Church, Stonegarth, Carlisle

- Open Thursdays from 10am - 11am. Call 01228 538983 to arrange a collection outside these times.

## Cockermouth

North Lakes Foodbank, Lorton Street Methodist Church, Cockermouth, CA13 9RH

- Open Tuesday, Wednesday and Thursday 10am - noon.

## Cornerstone food bank

Denton Street, Carlisle

- Open Monday to Friday 10am - 3pm.
- Closed from 12pm on Friday 22 December 2023 until Tuesday 2 January 2024.
- Contact **01228 549796**.

## Egremont

The Hub, The Meeting Place, Egremont, CA22 2DR

- Open Tuesday and Friday 1pm - 3pm.

## Maryport

St Mary's Church, Netherhall Corner, Maryport, CA15 6LL

- Open Tuesday and Thursday noon - 2pm and Friday 4pm - 6pm.

## Millom

Barrow Foodbank in Millom, Crown Street Baptist Church Hall, Crown Street, Millom, LA18 4AG

- Open Tuesdays and Fridays, 11am - 1pm.
- Contact 01229 774601 (during food bank hours).

## Whitehaven

New Life Church, 24 Irish Street, Whitehaven, CA28 7BY

- Open Monday, Tuesday and Thursday 11.30am - 1.30pm.

## Wigton

Cornerstone Methodist Church, 50 High Street, Wigton, CA7 9PG

- Open Tuesdays and Fridays, 10am - 2pm.

## Workington

The Bridge Centre, Central Square, Workington, CA14 3BG

# Food support groups

## West Cumbria:

### Aspatia Dreamscheme

Rainbow Room, King Street, Aspatia, CA7 3ES

- Rainbow Pantry - Fridays, 10am - 5pm.
- Contact: [office@dreamscheme.club](mailto:office@dreamscheme.club)

### Harriston Community Food Pantry

Harriston, Aspatia, CA7 2ED

- Tuesdays noon - 2pm or by prior appointment.
- Contact: **07795 907985** or email [harristonvillagehall@gmail.com](mailto:harristonvillagehall@gmail.com)

### Highfield Food Pantry

Highfield Road, Cockermouth, CA13 9JF

Second and fourth Friday of every month from 10.45am - 12.15pm

- Contact: **07901 616436**.

### Keswick Area Food Share (KAFS)

Heads Lane, Keswick, CA12 5HD (next to Keswick Library)

- Open Wednesdays, 10am - 1pm.
- Contact: **07876 568596** or email [keswickareafoodshare@gmail.com](mailto:keswickareafoodshare@gmail.com)

### King's Church Meal Share

The Hub, Market Street, Cockermouth, CA13 0AX

- Open Thursdays 1pm - 2pm for food and prepared meals.
- Contact: **01900 821100** or email [admin@kingscc.org](mailto:admin@kingscc.org)

### Millom Network Centre Community Shop

Unit 3, Devonshire Road Industrial Estate, Devonshire Road, Millom LA18 4JS

- Open Tuesday, Wednesday and Thursday 10am - 2pm.
- Contact: **01229 666025**.

### Moorclose Community Centre

Needham Drive, Workington, CA14 3SE

- Regular community food pantries. See [Moorclose Community Centre Facebook page](#) for details.



## Northside Community Centre

Trinity Drive, Northside, Workington, CA14 1AX

- Community shop and food pantry. See NCCL Facebook page for details.

## The Oval Pantry

The Oval Centre, Salterbeck Drive, Salterbeck, Workington, CA14 5HA

- Third Friday of every month at 11am.
- Contact: **01946 834713** or email [theoal@riverside.org.uk](mailto:theoal@riverside.org.uk)

## Phoenix Enterprise Centre

Phoenix House, Jacktrees Road, Cleator Moor, CA25 5BD

- Thrift Hub Food Pantry provides fresh and store cupboard food and personal care items.
- Open Monday to Friday 9am - 4.30pm.
- Contact: **01946 813555** or email [advice@phoenixenterprisecentre.co.uk](mailto:advice@phoenixenterprisecentre.co.uk)

## Wigton Food Pantry

St Cuthbert's Church Hall, Wigton, CA7 9HU

- Open Wednesdays 9am - 12.30pm. Coffee Morning 9am - noon.
- See Wigton Food Pantry Facebook page for details.

## Workington Derwent Rotary Community Food Pantry

St John's Court, Workington, CA14 3DS

- Community Food Pantry is on the first Friday of each month at 11am.
- Contact: **07505 243677** or email [antonymcguckin@talktalk.net](mailto:antonymcguckin@talktalk.net)

## Carlisle area:

### Botcherby Pop-up Pantry

Botcherby Community Centre, Victoria Road, Carlisle, CA1 2UE

- Open Wednesdays noon - 4pm.
- Contact: **01228 596992**.

### Brampton Community Food

Methodist Church Hall, Main Street, Brampton, CA8 1RS

- Open Fridays 9.30am - 12.30pm.
- Contact **07394 546877**.

## Carlisle Community Help

Unit 100, Brunthill Road, Kingstown Industrial Estate, Carlisle, CA3 0EH

- Open Monday to Friday, 9.30am - 4pm.
- Contact: **07394 546877** or email [info@carlislecommunityhelp.co.uk](mailto:info@carlislecommunityhelp.co.uk)

## Harraby Campus Pop-up Pantry

Harraby Community Centre, Edgehill Road, Carlisle, CA1 3SN

- Open Monday and Wednesday 1pm - 4pm.
- Contact: **01228 537831**.

## Longtown Pop-up Pantry

Longtown Community Centre, Arthuret Road, Longtown, CA6 5SJ

- Open Wednesdays 4pm - 7pm and Friday 9am - 12pm.
- Contact: **01228 791876**.

## The Lookout Community Hub

Shady Grove Road, Carlisle, CA2 7LD

- Open Monday, Wednesday, Thursday and Friday from 10am - 4pm.
- Contact: **07413 258279**.

## Oasis Pantry

St Paul's Church, Carlisle, CA1 1BJ

- Open Fridays 10am - 1pm.
- Contact: **07838 349561**.

## Petteril Bank Community Fareshare

Petteril Bank Community Centre, Mead Road, Carlisle, CA1 3BX

- Open Wednesdays 1.30pm - 2.30pm.
- Contact: **01228 530190**.

## Free meals

### 108 Mealbank

108 Botchergate, Carlisle, CA1 1SN

- Open Mondays from 6pm - 7.30pm.
- Contact **01228 593256**.

## Cornerstone Free Community Breakfast

Denton Street, Carlisle

- Open Wednesdays, between 8am to 9am
- Contact **01228 549796**.

## Wednesday Breakfast

Church of Scotland, Chapel Street, Carlisle, CA1 1JA

- Open Wednesdays, 8am - 9.30am

## Yewdale Community Centre Home Hub

Yewdale Community Centre, Hutton Way, Carlisle, CA2 7TH

- Contact **01228 591270** for opening hours.

## Free school meals

If you already qualify for free school meals, you will automatically receive a voucher for the school holidays. Your school will buy the vouchers on your behalf.

If you have any questions about holiday vouchers, please speak to your child's school.

## Mental health support

If someone is in a mental health crisis and needs urgent help, they can call their local Crisis Team 24 hours a day, 7 days a week:

North Cumbria - **0800 6522 865**. Those who are deaf/hard of hearing should text **0779 565 6226**.

South Cumbria - **0800 953 0110**.

The **Samaritans** are available 24/7 on **116 123** for people who need to talk to someone urgently. Find out more at: [www.samaritans.org](http://www.samaritans.org).

## Additional mental health support

**Kooth** is an online service for people aged 11 - 18: [www.kooth.com](http://www.kooth.com)

**Mindline Cumbria** offers support via phone, text or email. Call 0300 561 0000, email [info@mindlinecumbria.org](mailto:info@mindlinecumbria.org) or go online at: [www.mindlinecumbria.org](http://www.mindlinecumbria.org)

**Lighthouse** - **0300 561 0000**. Open 5pm - 11pm every night. Crisis support based in Carlisle, for people in Carlisle and Eden. Appointments only - call **0300 561 0000** to arrange.

## Financial help

**Citizens Advice** - free advice on many issues including debt, benefits, employment, energy and housing.

- Allerdale: call **01900 604735** or email [advice@citizensadviceallerdale.org.uk](mailto:advice@citizensadviceallerdale.org.uk)  
[citizensadviceallerdale.org.uk](http://citizensadviceallerdale.org.uk)

- Carlisle: call **0800 278 7844** [www.cca.org.uk](http://www.cca.org.uk)

- Citizens Advice National Advice Line **0800 278 7959**

**Worrying About Money** - the Independent Food Aid Network's step by step guide to finding support with financial issues in Cumberland. [www.worryingaboutmoney.co.uk/Cumberland](http://www.worryingaboutmoney.co.uk/Cumberland)

## Credit unions

Credit unions provide savings, loans and other services to members.

**Carlisle and District Credit Union** - **01228 594007** or email [info@carlislecu.com](mailto:info@carlislecu.com)

**Pennine Credit Union (PCCU)** - **01282 691333** or email [enquiries@pccu.co.uk](mailto:enquiries@pccu.co.uk)

**Whitehaven, Egremont and District Credit Union (WEDCU)** - **01946 66755** or email [info@wedcu.co.uk](mailto:info@wedcu.co.uk)

## Help for families

**Family Action** provides support for families with children aged 0 - 19 years.

**Allerdale contact: 07815 687287.**

- North Allerdale Children's Centre, 10-12 Wampool Place, Wigton, CA7 9SA call **016973 43870**.
- West Allerdale Children's Centre, Ennerdale Road, Maryport, CA15 8HN call **01900 819190**.

**Copeland contact: 01946 64600.**

- South Whitehaven Centre, Whinlatter Road, Whitehaven, CA28 8BN.
- Millom Children's Centre, Lapstone Road, Millom, LA18 4LP.

**Carlisle contact: 07734 003789** or email: [Carlisle@family-action.org.uk](mailto:Carlisle@family-action.org.uk)

- Carlisle West Children's Centre, Morton, Wigton Road, Carlisle, CA2 6JP.
- Newtown Children's Centre, Shady Grove, Carlisle, CA2 7LE.
- Petheril Bank Child and Family Centre, Burnett Road, Carlisle, CA1 3BX.
- Longtown Child and Family Support Centre, Mary Street, Longtown, CA6 5UF.

**FamilyLine** Free support to adult family members on all aspects of family life. Call **0808 802 6666**, text **07537 404282**, email [familyline@family-action.org.uk](mailto:familyline@family-action.org.uk) or visit [family-action.org.uk](http://family-action.org.uk) to webchat. Monday to Friday 9am - 9pm. Outside these hours there is a text crisis line.

## Help for the over 55s

**Age UK** provide free information on issues including benefits, energy bills, daily living aids, social isolation and housing.

Call **0800 678 1602** between 8am and 7pm.

Copeland Age and Advice Service helps over 55s in Copeland and is open Monday to Thursday 9am - 5pm and Friday 9am - 4pm.

Call **01946 552166** or email [referrals@caasteam.com](mailto:referrals@caasteam.com)

**Winter Warmth Fund** - This is for people aged over 60 who have less than £5,000 savings. If you get the state pension (and/or pension credit), or struggle in winter due to heating costs, you can apply for a Cumbria Community Foundation grant of £200.

**Contact:**

- Age UK Carlisle and Eden **01228 536673**
- Copeland Age & Advice Service **01946 552166**
- Age UK West Cumbria (Allerdale) **01900 844670**

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## Highways and Transport Strategic Board

**Date:** Tuesday, 30 January 2024

**Time:** 10.30 am

**Location:** Cumbria House, Botchergate, Carlisle

**Present:** Cllr D Rollo (Chair), Cllr B Cannon and Cllr M Fryer

**Also Present:**

**In Attendance** Director of Place, Sustainable Growth and Transport  
Democratic Services Officer  
Assistant Director - Highways and Transport  
Chief Legal Officer (Monitoring Officer)  
Lawyer - Highways and Traffic  
Traffic Management & TTRO Team Leader - Allerdale  
Senior Manager - Infrastructure Planning and Transport  
Senior Manager for Asset Management  
Senior Manager, Highways Delivery  
Traffic Management Team Leader - Copeland  
Road Safety Coordinator  
Capital Portfolio Manager - Capital Programme

### **HSTB.14/23 APOLOGIES FOR ABSENCE**

Apologies for absence were received from Cllr Grisdale and Cllr Quilter.

### **HSTB.15/23 HEALTH AND SAFETY PRESENTATION**

The Chair gave a presentation on winter driving. The presentation highlighted the difficulties face by the highway teams and advice for driving when it was cold and there was a risk of black ice. The Chair referred members to the ROSPA (The Royal Society for the Prevention of Accidents) website for further advice.

### **HSTB.16/23 DECLARATIONS OF INTEREST**

There were no declarations of interest made at the meeting.

### **HSTB.17/23 EXCLUSION OF PRESS AND PUBLIC**

**RESOLVED**, that the press and public be not excluded from the meeting during consideration of any item on the agenda.

### **HSTB.18/23 MINUTES OF LAST MEETING**

**RESOLVED**, that the minutes of the last meeting of the Board held on 11 November 2023 be confirmed as a true record and signed by the Chair.

### **HSTB.19/23 PUBLIC PARTICIPATION**

A petition was presented to the Board by John Robinson – Tree Road, Brampton:-

“I and everyone who is a signee of this petition would like to ask the Cumbria Highways Department to form a section of footpath along the side of the boundary wall to Allan Fields, Tree Road, Brampton, Cumbria. Also to make the road single track with priority to the vehicles travelling up the hill. The existing arrangements at the moment is highly dangerous for pedestrians, the disable, pushchairs and wheelchair users.”

The Board received the petition which was to be considered under agenda item 7.

The Chair read out a letter of support from the Local Member for Brampton who had been unable to attend the meeting.

A Board member asked if the petitioner had approached the community panel. The petitioner advised he had not.

The petitioner was thanked for his attendance at the meeting and for the presentation of the petition.

### **HSTB.20/23 PETITION - TREE ROAD, BRAMPTON**

The Senior Manager for Asset Management presented a report on the petition received to form a section of footpath along the side of the boundary wall to Allan Fields, Tree Road, Brampton and also to make the road single track with priority to vehicles travelling up the hill.

Members were informed that it was the intention of officers to investigate the issues and requests raised and provide a detailed report back to the next meeting of the Highways & Transport Strategic Board in April 2024.

The Assistant Director for Highways and Transport encouraged reporting as it strengthened the case for that issue to be dealt with and advised that this could be done in various ways including online, the highway hotline and through Community Panels.

**RESOLVED**, that the Board, having heard the presentation of a Petition requesting the Council to form a section of footpath along the side of the boundary wall to Allan Fields, Tree Road, Brampton, agree that officers investigate the issues and requests raised and report back to the next meeting of the Board in April 2024.

### **HSTB.21/23 CAPITAL PROGRAMME UPDATE**

The Board received a report and presentation from the Capital Portfolio Manager that provided an update on the Highways and Transport projects included in the Place Portfolio of the Capital Programme. The Place portfolio includes projects that were funded from the Department for Levelling Up Housing and Communities (DLUHC) through Levelling Up funding, Town Deal, Future High Street Funds and Borderlands Inclusive Growth Deal.



It was noted that the Council had a large Place programme including four Town Deals (Carlisle, Workington, Cleator Moor and Millom), two Future High Street Funds (Carlisle and Maryport) and three Levelling Up schemes. A large element of the Capital Programme included a range of highway and transport focused projects that were funded through DLUHC. These projects included junction improvements, public realm enhancements and cycle and walking improvements. The report provided members with an update on progress of the highways and transport focused projects within the programme and highlighted any key items for consideration by the Board.

Members spoke in support of the projects. The officer and team were thanked for their fantastic work.

**RESOLVED**, that the report be noted.

## **HSTB.22/23 HIGHWAYS FUNDING ALLOCATION 2024-25**

The Highways Asset Manager provided a report that updated the Board to the Highways Capital Allocations for 204/25 and recommended the split of highways capital funding between the relevant asset groups. The report also contained details on how the schemes were prioritised.

Members noted that following arbitration the Department for Transport ( DfT), Highways Capital Grant allocation was disaggregated between Cumberland and Westmorland & Furness in 2023/24 and 2024/25, assuming that the grant allocation remained the same for both years. The result was that Cumberland received £17.14m in 2023/24 and will receive £16.78m in 2024/25. The officer explained that without arbitration the allocation would have been £16.37M in both years. In future years the DfT would allocate funding directly to both authorities in line with the DfT formulae which would see a further reduction in funding to £16.37m.

It was reported that in November 2023 an additional £1.949m was awarded to Cumberland for both 2023/24 and 2024/25 for local road resurfacing and wider maintenance activity on the local highway network. The year-by-year profile beyond 2024/25 had not yet been finalised, but the funding was expected to increase over time and it was estimated that £130m additional funds would be allocated between 2023/24 and 2033/34. Given Cumberland had been allocated £1.949M in 2023/24 and £1.949M in 2024/25 it was estimated that for each year from 2025/26 to 2033/34, an extra £14.03M will be allocated to Cumberland for highways. Additional grant funding was allocated to specific projects such as the Levelling Up Fund and so this was ring fenced from these purposes and was not included in this paper.

The report proposed a split of the £18.729m (£16.78m and £1.949m) between the various asset groups for 24/25 and was linked to the Highways Asset Management Strategy which was approved by the Board in August 2023. The Strategy recommended an asset driven approach to the maintenance of the highways and the associated infrastructure, fulfilling the statutory duty under Section 41 of the Highways Act 1980 to maintain the highway (option 3 in the report).

Members welcomed the asset management risk based approach as it ensured the allocation split was flexible and responsive to service needs. A member asked what the overall effect would be on the road network as he felt it was in poor condition. The Assistant Director for Highways and Transport advised that the network was the Council's biggest asset, continually expanding, underfunded, needed investment and, in part, was reliant on funding bids. The Chair advised of regular meetings with the DfT to lobby for more funding. The officer confirmed that the Levelling Up fund allocation was ring-fenced for the A595 and A5086.

Winter weather and the detrimental effect it had on the network was discussed. The Assistant Director for Highways and Transport outlined new measures put in place to maintain the network.

**RESOLVED**, that

- (1) the Cumberland Highways Capital Funding Allocation between the asset groups for 2024/25 be approved as detailed in section 4 of the report;
- (2) additional funding received during 2024/25 would be allocated by officers in conjunction with the agreement of the Portfolio holder.

### **HSTB.23/23 HIGHWAYS AND TRANSPORT DRAFT WORK PROGRAMME 24/25**

A report was presented to members detailing the proposed works programme for the Highways & Transport service for the 2024/2025 budget year. The report also indicated potential programmes for future years. The programme was broken down into several work types, each aimed at supporting the maintenance and improvements of the road network across Cumberland.

It was noted that the finalised works programme would be circulated to members along with map locations. A member advised that some of the schemes had been assigned to the wrong community panel. The officer agreed to correct these. The officer confirmed pre-existing schemes would take priority.

**RESOLVED**, that the proposed Highways Works Programme for the 2024/25 budget year and the indicative programme for future years, Appendix 1 to the report, be noted.

### **HSTB.24/23 20 MPH SPEED LIMIT POLICY**

The Traffic Management Team Leader – Copeland presented a report on a new 20mph speed limit policy, appended to the report and criteria to be used in assessing and implementing 20mph speed limits within Cumberland.

The Chief Legal Officer and Monitoring Officer advised the Board that the report decision was a key decision and had not gone through the due process therefore invited members to make comments and advised that this matter would be considered at the next Board meeting.

The officer outlined the background of the paper. The 20mph speed limit policy had been developed to deliver a consistent approach to the assessment and introduction of 20mph limits within Cumberland. The policy was intended to ensure speed limits were logical and suitable for their surroundings, and was reflective of the DfT's stance on 20mph limits. It was noted that the policy would be revisited once new DfT guidance was published. The 20mph restrictions would be reviewed in accordance with the agreed Traffic Regulation Order (TRO) programme which was appended to the report.

The officer outlined schemes for schools and advised that it was unrealistic to enforce 20 mph speed limits at every school. Other measures could be put in place to assist with safety around schools. The discussion centred around enforcement, speeding, speed limits in villages and parking on pavements. A member expressed his disappointment on the policy as he felt it was too timid. A Board member disagreed and advised that the introduction of the policy would help speed up the assessment process. The Assistant Director for Highways and Transport advised

that it was a supportive measure to deliver a consistent approach to the assessment and introduction of 20 mph limits with Cumberland.

**RESOLVED**, that the 20mph speed limit policy be submitted to the next meeting of the Board for consideration.

### **HSTB.25/23 ROAD SAFETY MANAGEMENT AND THE CUMBRIA ROAD SAFETY PARTNERSHIP (CRSP)**

A report was received which provided a brief explanation of the management of Road Safety within the Council boundary and background to the Cumbria Road Safety Partnership (CRSP) which was attached as Appendix 1. The Board was updated on several changes currently being made which had the aim of making the roads within Cumberland safer for all.

Members noted that the CRSP, led by the Cumbria Police had recently refreshed its approach to its Governance and have now:

- Adopted “Vision Zero” – A target of zero fatalities by 2040 with a 50% reduction in those killed or seriously injured by 2030, with respect to a baseline.
- Established an overseeing Tactical Group and two Operational Groups, which act as the local tasking forums. The current Remit of the Tactical Group was attached as an Appendix.

The CRSP Road Safety Plan was currently being finalised, which was expected to apply for a three year period, together with the future use and hosting of the supporting CRSP website. Related activity currently underway by Cumberland Council was the drafting of a Cumberland Council Road Safety Policy that would detail how the Council would ensure the safety of the infrastructure and the intention to make the optimum use of staffing resources through the Transformation process.

**RESOLVED**, that the report be noted.

### **HSTB.26/23 CUMBERLAND COUNCIL (VARIOUS ROADS, MARYPORT AND SURROUNDING AREA) (CONSOLIDATION AND PROVISION OF TRAFFIC REGULATIONS) ORDER 20><**

Members received a report that informed of the background and proposed changes to the former “The County of Cumbria (Various Roads, Maryport and Surrounding Area) (Consolidation and Provision of Traffic Regulations) Order 2023, following statutory consultation and advertisement of the Cumberland Council (Various Roads, Maryport and Surrounding Area) (Consolidation and Provision of Traffic Regulations) Order 20><.

The Traffic Management (Allerdale) & TTRO (Cumberland) Team outlined the background, consultation period and the proposed changes.

The Ward Councillor made representations including the following points:-

- raised concerns about the reduction of waiting limit from 1 hour to 30 minutes in disc parking bays on Senhouse Street;
- raised concerns on a narrow part of Senhouse Street with bollards that made it difficult for wheelchair users and prams, fire appliances and ambulances;

- asked for disc parking, waiting limit to 30 minutes, on Senhouse Street (outside the pub) in place of the bus stop;
- supported the proposals for Wood Street and Catherine Street.

The officer confirmed that no objections to the proposals had been received. The Ward Councillor was advised that some of the changes proposed related directly to the delivery of the Maryport Future High Street Fund project and if necessary, could be reviewed in the Maryport and surrounding area traffic review in 2025/26.

**RESOLVED**, that

- (1) that, having taken into consideration the matters contained in Section 122(2) of the Road Traffic Regulation Act 1984, which were more specifically referred to in the Legal section of the report, it be agreed that the Cumberland Council (Various Roads, Maryport and Surrounding Area) (Consolidation and Provision of Traffic Regulations) Order 20>< (“the Order”), be brought into operation, as advertised, in respect of the following proposals:
  - (i) reduce the extent of the “Disc Zone 2 – Disc Parking places, waiting limited to 2 hours, return prohibited within 2 hours, resident permit holders exempt from the time limit, 8.30 am – 6.00 pm, Monday to Saturday inclusive” on the south side of Catherine Street, Maryport by 4 metres and replace it with a “No Waiting At Any Time” restriction;
  - (ii) remove the “Disc Parking Places, Waiting Limited to 1 hour, return prohibited within 1 hour, 8.30 am – 6.00pm, Monday to Saturday inclusive” restriction on parts of Senhouse Street, Maryport;
  - (iii) introduce “Disc Parking Places, Waiting Limited to 30 minutes, return prohibited within 30 minutes, 8.30 am – 6.00pm, Monday to Saturday inclusive” restrictions on parts of Senhouse Street, Maryport;
  - (iv) amend the “Disc Parking Place, Waiting Limited to 30 minutes, return prohibited within 1 hour, 8.30 am – 6.00pm, Monday to Saturday inclusive” restriction on the south side of Wood Street, Maryport to “return prohibited within 30 minutes”;
  - (v) amend the extent of the “No Waiting At Any Time” restrictions on Senhouse Street, Maryport

## **HSTB.27/23 INFRASTRUCTURE PLANNING AND TRANSPORT UPDATE**

The Senior Manager for Infrastructure Planning and Transport presented a report that updated the Board on key workstreams within Infrastructure Planning and Transport. These were as follows: -

- Active Travel
- Funding for Bus Services
- Zero Emission Bus Regional Areas 2 (ZEBRA 2)
- Transport for the North (TfN)

Members discussed bus services in their areas and difficulties in maintaining them. The officer was aware of issues that had been raised by members through the engagement that has happened with the Community Panels.

Members were disappointed that a bid had not been put forward for funding to the Zero Emission Bus Regional (ZEBRA) 2 scheme. The Council had submitted an Expression of Interest to potentially submit a bid but unfortunately an agreement could not be put in place with Stagecoach. The Chair and Assistant Director of Highways and Transport had raised concerns with the DfT, outlined the difficulties working with one bus service operator and held regular meetings with Stagecoach to try and attain a people led service.

A member raised concerns on the Winter Maintenance Policy. It was agreed that this be discussed outside of the meeting.

The officer and highways teams were thanked for all their hard work.

**RESOLVED**, that the report be noted.

### **HSTB.28/23 DATE OF NEXT MEETING**

It was noted that the next meeting of the Board was scheduled for 22 April 2024 at 10.30 am in the Civic Centre, Carlisle.

The meeting finished at 1.20 pm

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